

- Use the Staywell Center exercise room or fitness equipment in IPSC outlying locations (RSC, Control Room, Scrubbers, Coal Yard, and Converter Station).
- Program open to employees.
- No substitutions; this program is specifically to encourage the use of IPSC facilities/equipment.
- Use the facility **45** days and turn form in to earn a gift card.

Name:_____

Place a mark for each day you use IPSC facilities/equipment for exercise.