1-800-Sta-Well

- Complete 800 minutes of exercise during the quarter and get a gift card.
- Bonus if you use the Staywell Center or IPSC exercise equipment 12 times get a bonus gift card for.
- Program open to spouses and employees.

N	lame:	
• 1/	vame:	

Place a mark for each day you use IPSC facilities/equipment for exercise.