1-800-Sta-Well (2)

- Complete 800 minutes of exercise during the quarter and get a gift card.
- Bonus if you use the Staywell Center or IPSC exercise equipment 12 times get a bonus gift card for.
- Program open to spouses and employees.
- If you do the Prove It Program you are NOT eligible to earn the 800 minutes, but can earn the Bonus portion of this Program.
- **Name: _____**

Place a mark for each day you use IPSC facilities/equipment for exercise.