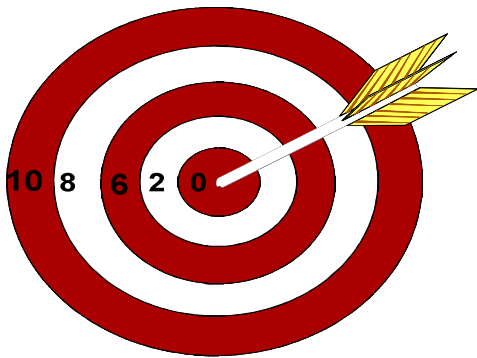


No Holiday Weight Gain Initiative

Been scoring higher than you prefer the last few years - 2, 4, 6, 8, 10 pounds?

Enjoy the holidays, but don't regret them throughout next year!

Join the
Target "0" No Holiday Weight Gain Program today!



- Weigh in deadline is 11.22.23
- **Spouses receive free movie passes when they register.** These free movie passes are in **addition** to the movie tickets received upon successful completion of the program.
- **Weight can be kept private.**
- **Late registration is ok as long as you weigh by 11.22.23.**

Forms located outside Brian's office.